

SPIN-A-THON REGISTRATION FORM

Registration: All competitors must complete application form by Friday, September 17, 2010
Limited Space Available – RESERVATIONS ARE FIRST COME FIRST SERVE
Honors and Prizes given to the top three donors. Pledge sheets attached.

OUR GOAL FOR THE SPIN – A – THON 1,500.00

Minimum donation to participate is \$25.00 per competitor.

ENTRY FORM

NAME _____ DATE _____

ADDRESS _____ PHONE _____

E-MAIL _____ NAME & PHONE-(EMERGENCY CONTACT) _____

I INTEND TO RIDE: **Begin 12:00pm End 3:00pm**

CHECK THE APPROPRIATE SPACE:

3 HOURS _____ FULL RIDE

2 HOUR RIDE _____ TIME OF RIDE: FROM _____ TO _____

90 MINUTE RIDE _____ TIME OF RIDE: FROM _____ TO _____

1 HOUR RIDE _____ TIME OF RIDE: FROM _____ TO _____

TRIAL SPIN 15 MINS _____ TIME OF RIDE: FROM _____ TO _____

RIDES WILL BE 50 minutes with optional 10 minute breaks for restroom, hydration and bike changes. Music will be provided through out the event, you do not need to stop after each 50 minute effort.

Water and nutrition will be provided throughout the ride. Bring your own towel.

ALL DONATIONS PAID IN ADVANCE*. [PayPal](#) or PERSONAL CHECKS MUST BE RECEIVED BEFORE September 12, 2010. *Checks payable to The Famous Shamus Organization (501(c)3). Mail to:

P.O. Box 44
Chalfont, PA 18914

YOU MUST BRING YOUR SIGNED RELEASE FORM(link to form here) AND THIS REGISTRATION WITH YOU IN ORDER TO PARTICIPATE IN ANY EVENT OR WORKOUT STATION. ON THE DAY OF THE EVENT PLEASE GO TO THE PRE-REGISTERED WINDOW, WITH YOUR WAIVER, TO PICK UP YOUR TICKETS.

This form certifies that I am in good health and I am fully capable of performing the events as they are described. I will not hold Sweatin' for Sweater Kittens, Lisa M. McKeogh or any other affiliated individuals responsible for injuries, medical conditions, and illness, loss of limb or death as a result of this challenge. I am performing these events willingly and with full knowledge that injury may occur.

I have reviewed the list of Events and understand how they will be judged and executed. I understand the rules and regulations. I will exhibit sportsman like conduct through out the event.

Sign and Date _____